



**CH. MUHAMMAD HUSSAIN  
NATT TRUST HOSPITAL**

# **ANNUAL REPORT 2015**



# In The Footsteps of the Messenger of Allah

*SallAllahu 'alayhi wasallam*

'Indeed you reconcile kinship, you uplift burdens,  
you support the destitute & you honour the guests.'  
{Sahih Muslim}

The honorable wife, Khadijah bint Khuwaylid RadhyAllahu 'anha, consoled her husband with these beautiful words after the revelation at Hira. It is indeed these words that encompass the noble legacy of the Messenger of Allah

History shows us that he was the greatest in generosity and kindness. His right hand was open for the beggar, the needy and the traveller; giving to them magnanimously, never fearing poverty and with great affection

His immense generosity was unmatched by anyone. Nothing was considered too much or too little to give from what Allah had granted him. He gave in prosperity and adversity; giving his food, his gifts and even the clothes on his back.

A Bedouin once visited the Messenger of Allah and saw an entire valley filled with goats. He was desirous for his renowned kindness and asked for what he saw. The Messenger of Allah, as it befitted him, gave without hesitation.

The Bedouin returned to his people exclaiming, 'Oh people, accept Islam, for Muhammad gives in a way that he does not fear poverty.'  
(Sahih Muslim)

Like this, many would approach the Messenger seeking a sheep, a camel or just a dirham. But they would leave with their hearts open to Islam.

And this is why the Messenger of Allah SallAllahu 'alayhi wasallam was raised to an elevated station; the most delightful of creation with the most noble of characteristics. May we be guided upon his way and be united with him in the Gardens of Jannah. Ameen.

# Ch. Muhammad Hussain Natt Trust Hospital



provide world class medical healthcare facilities to the patients irrespective of their economic & social background – for the purposes of building up strong and healthy society.

The treatment of about 36,000 patients were executed in the annually, out of which 10 patients were referred for the cataract surgery. However, due to some medical complications diagnosed in some of the patients, were referred to different famous institutes of Islamabad and Rawalpindi and 1200 cataract operations were successfully performed under the page of SightFirst. We also organized the awareness programs about Glaucoma, Conjunctivitis, PCO, Dry Eyes and Pediatric Screening.

**Mandair Complex, G-8 Markaz,  
Islamabad**

# A New Free Eye Hospital Khanna Pull Branch Rawalpindi



Ch. Muahammad Hussain Natt Trust Hospital is Proudly Announcethe new Branch named Ch. Muhammad Hussain Natt Trust Hospital Khanna Pull Branch opened at 6 July, 2015. Which is situated at United Plaza Main Service Road, Near Askari Bank, Khanna Pull, Rawalpindi, Punjab Pakistan. With the opening of that branch the poor patients of Rawalpindi and surrounding are enjoying the free eye treatment at free of cost.



During the last few months the 18000 patient have listed for treatment, out of which 1200 patients were referred for the cataract surgery. Rawalpindi and 800 cataract operations were success fully performed at Ch. Muhammad Hussain Natt Trust Hospital G-8 Markaz, Islamabad.

**Address: United Plaza Main Srrvice Road  
Near Askari Bank, Khanna Pull**



# Outdoor (OPD) Patients



**Total Patients**  
36000



**Cataract Surgeries**  
12000



**Dry Eyes**  
5600



**Glaucoma**  
1520



**Corneal Opacity**  
480



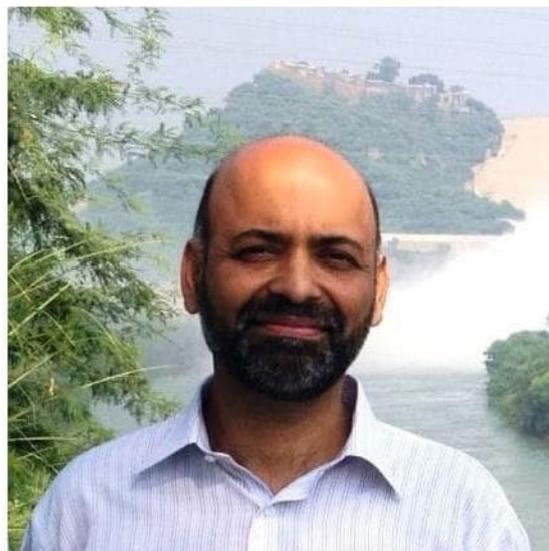
**Conjunctivitis**  
3500



# Ch.M.Hussain Natt Trust Hospital Operation Theatre

Two Operating Rooms, Well Equipped with Microscopes, Constellation & Occurus Vitrectomy Units and Legacy, Ortelli and Infinity Phaco emulsification Units. We did the 70-100 operations per month.

- ◆ Humphreys Visual Field Analyzer
- ◆ Vitreo Retina Surgery
- ◆ Glaucoma Surgery
- ◆ Pediatric Surgery
- ◆ Anterior Segment
- ◆ Oculoplasty
- ◆ Cataract Surgery



972 successful operations were carried out during 2015



# Trust Lab

MHN Trust Hospital is providing most state of the art Pathology Lab facilities to carry common / special Tests for deserving / poor patients in area.



4500 Hepatitis Tests



1350 Blood Grouping



1200 Peads Screening



370 Cancer Screening



640 Diabetic Screening



410 HIV/Aids Screening

At cmhn trust lab did the all kind of test at free of cost and some are at 50% off. It depends upon the test



**38670** Tests were carried out at  
**CMHN Trust Lab.**

# SIGHT FIRST

The worldwide week of Sight First program (4-10 October 2015) was held at Ch. Muhammad Hussain Natt Trust Eye Hospital G-8, Markaz, Islamabad Pakistan

The treatment of 700 patients were executed in the week, out of which 86 patients were referred for the cataract surgery. However, due to some medical complications diagnosed in some of the patients, were referred to different fame institutes of Islamabad and Rawalpindi and 36 cataract operations were successfully performed during the worldwide week of Sight First.





# Eye Camps

Ch. Muhammad Hussain Natt trust Hospital organized the different eye camps in different areas of Pakistan with the association of different charity organizations. We organize almost 10 eye caps per year. During these camps the patients will avail the free check ups, free medicines, free glasses and cataract surgery as well.



Free Check Up



Free Glasses



Free Medicines



Free Cataract Surgery

Some of which are explained in next pages



# Free Eye Camp District Bagh Azad Jamu & Kashmir

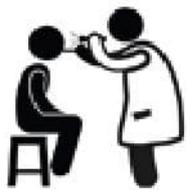
The Four Days (31 Dec, 1 Jan, 2 Jan, 3 Jan.) Eye Camp was held at the Dheer Kot High School District Bagh, Azad Kashmir. The Ummah Welfare Trust and CMHN Trust supported in all the technical aspects, the doctors as well as paramedics in the camp. Besides, the patients were offered free cataract surgery. Local Volunteer Persons undertook publicity and management of the camp. They also contributed towards transportation of the patients. Our targeted of 2500 patients, The treatment of 1800 patients were executed in the camp, out of which 96 patients were referred for the cataract surgery. However, due to some medical complications diagnosed in some of the patients, were referred to Shifa Eye Trust Hospital Rawalpindi and 56 operations were successfully carried out in the Camp on 3 Jan 2016





# Sarai Kharbooza Free Eye Camp

Eye Camp was held at the Sarai Kharbooza District: Islamabad Pakistan.



1320 patients served



833 Glasses advised



125 Cataract Diagnosed



50 Cataract surgeries

Total expense: 1107090 Pkr.





# Free Eye & Medical Camp

## Chitra Topi Village, District Bagh, Azad Jammu & Kashmir

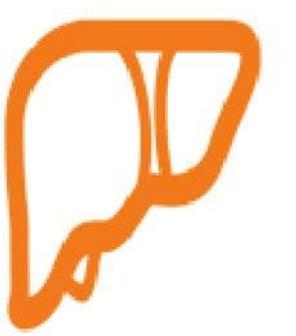
The Chitra Topi is 150 kilometers (5HoursDrive due to Mountain Areas) away from Islamabad the capital of Pakistan.



320 Patients served



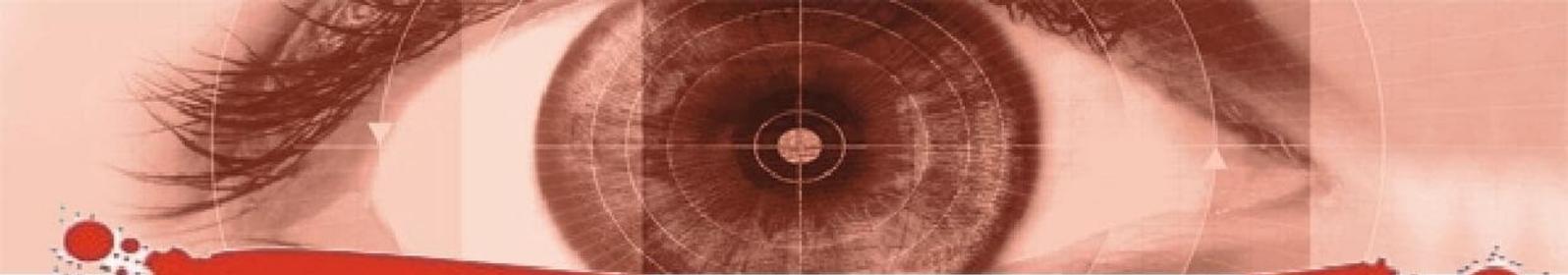
60 Blood Grouping



60 Hepatitis Screen



200 Eye Screening



# Sussecc Stories



**Patient Name: Muhammad Rizwan**

**Age: 12 years**

**Address: Kotli Satyaan Rawalpindi**

**Kotli Sattian 70 Km 1:40 min drive from Rawalpindi**

**Presentation:** Complaint of headache on and off from 15 days. And visited at Khanna branch of Ch. Muhammad Hussain Natt Trust Eye Hospital for routine eye examination.

**Examination & Diagnosis:** On examination we find that his Visual Acuity in both eyes was Counting finger, which has improved with pinhole i.e. 6/24p in both eyes and we have also observed horizontal latent nystagmus which becomes manifest on occluding right eye.

**Advice:** We advised him best optical correction and his visual acuity with best optical correction was 6/18 with -7.50DS in BE.

## **Follow Up: After One Month**

Now he is happy with these glasses provided by CMHN trust. His Mother and Father are very thankful to CMHN Trust for improvement of Vision for better life.

**Response:** Patient and his parents were satisfied and happy as now he can see easily and his headache has been relieved. Now he is happy with these glasses provided by CMHN trust. His Mother and Father are very thankful to CMHN Trust for improvement of Vision for better life.

# Sussecc Stories



**Patient Name: Mrs. Iqbal**

**Age: 70 years**

**Gender: Female**

**Address: Rawalpindi**

Presented with complain of grittiness in left eye after left cataract surgery from Al Shifa Trust Eye Hospital Rawalpindi 3 years ago.

She visited many Senior Ophthalmic Consultants in Rawalpindi, Islamabad Region and also visited Al Shifa Trust Eye Hospital.

She heard of CMHN Hospital from one of her relative. On visit to CMHN hospital complete eye examination was done by optometrist Kaukab Khanwho found loose eye stitches in her left eye on slit lamp examination. Eyelids, cornea and AC were quiet. Patient was referred to Consultant Ophthalmologist Prof. Dr. Abdul Munim for removal of stitches (ROS).

Dr. Munim removed patient's stitches in minor OT and prescribed antibiotic steroid eye drops for two weeks.

## **Follow-up:**

After two weeks and seems very satisfied. She was very grateful to CMHN hospital. It was a simple case but was being overlooked by many senior ophthalmologists. According to my understanding all it depends is on keen observation, giving importance to patient's problem and a thorough examination.



**Outdoor Patient Department**

**Rs. 42,00,000/-**



**Trust Lab**

**Rs. 10,00,000/-**



**Operation Theatre**

**Rs. 62,00,000/-**



**Eye Camps**

**Rs. 37,00,000/-**



**Peads Screening**

**Rs. 2,89,631/-**



**Hepatitis Screening**

**Rs. 3,15,266/-**



**Cancer Screening**

**Rs. 4,70,239/-**



**HIV/Aids Screening**

**Rs. 3,10,366/-**



**Diabetic Screening**

**Rs. 3,01,389/-**



**CMHNT Hospital  
Kharaula Pull**

**Rs. 36,00,000/-**



**Utility Bills**

**Rs. 84,000/-**



**Other Expenses**

**Rs. 5,32,986/-**



# CH MUHAMMAD HUSSAIN NATT TRUST

## Ways to Donate

### By Phone

Call the Donations Line

+92 51 2266477 , +92 51 2266488 Fax: +92 51 2515487

### By Post

Make cheques & postal orders payable to 'CMHN Trust'

CMHN Donations Department, G-8 Marakaz, Islamabad

### Standing Orders

Download the STDO form from [www.cmhntrust.org](http://www.cmhntrust.org) or email

[info@cmhntrust.org](mailto:info@cmhntrust.org) or phone +92-51-2266488

### Online

Secure online donations can be made using your credit/debit card 06240010008393010012 Allied Bank



### Bank Transfer

Transfer money directly to 'Ch. Muhammad Hussain Natt Trust'

**Allied Bank of Pakistan**

**Account Number: 01406240010008393010012**

For international transfers, transfer money to 'CMHN Trust'

**Swift Code: PK73ABPA Allied Bank**

**Account Number: PK73ABPA 01406240010008393010012**

For all bank transfers, email [info@cmhntrust.org](mailto:info@cmhntrust.org)

### Visit a Donation Point

Donation points are listed

1- G-8 Markaz Islamabad

2- Khana Pull Branch Rawalpindi

**Web: [www.cmhntrust.org](http://www.cmhntrust.org)**

**Mandair Complex, G-8 Markaz, Islamabad, Pakistan**

محمد حوسين ناط  
+92-322-6555815  
+92-300-5078155